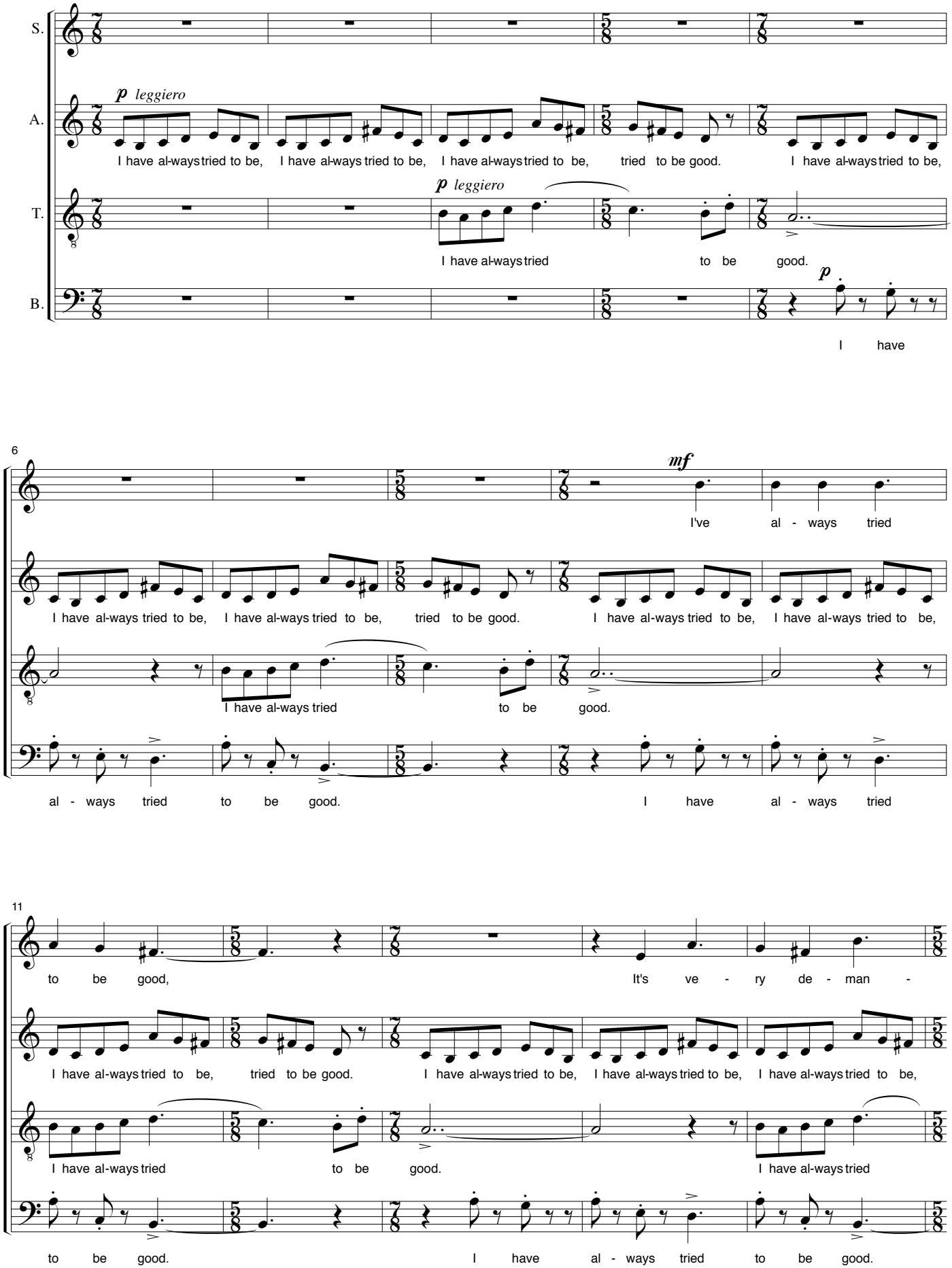
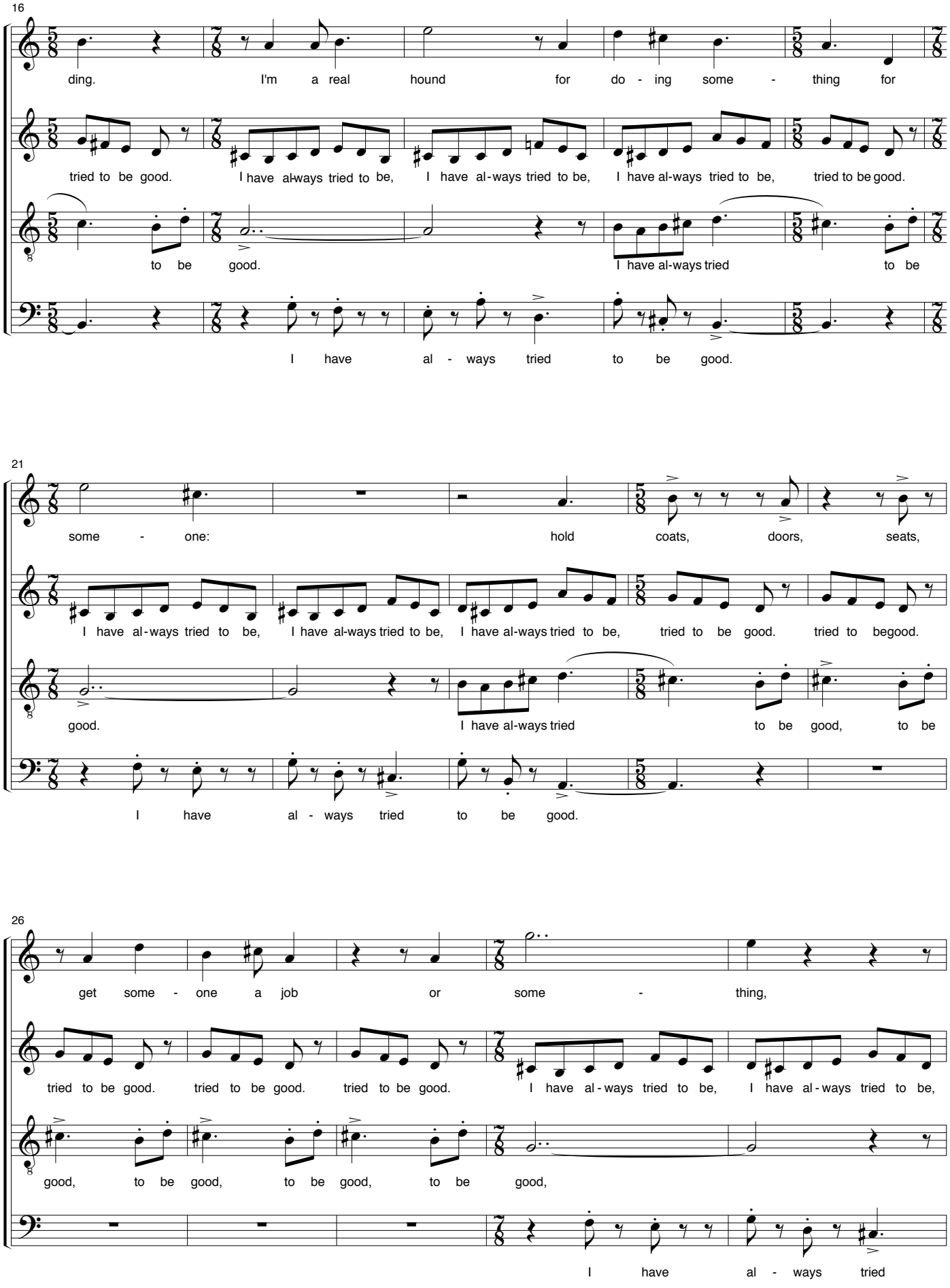
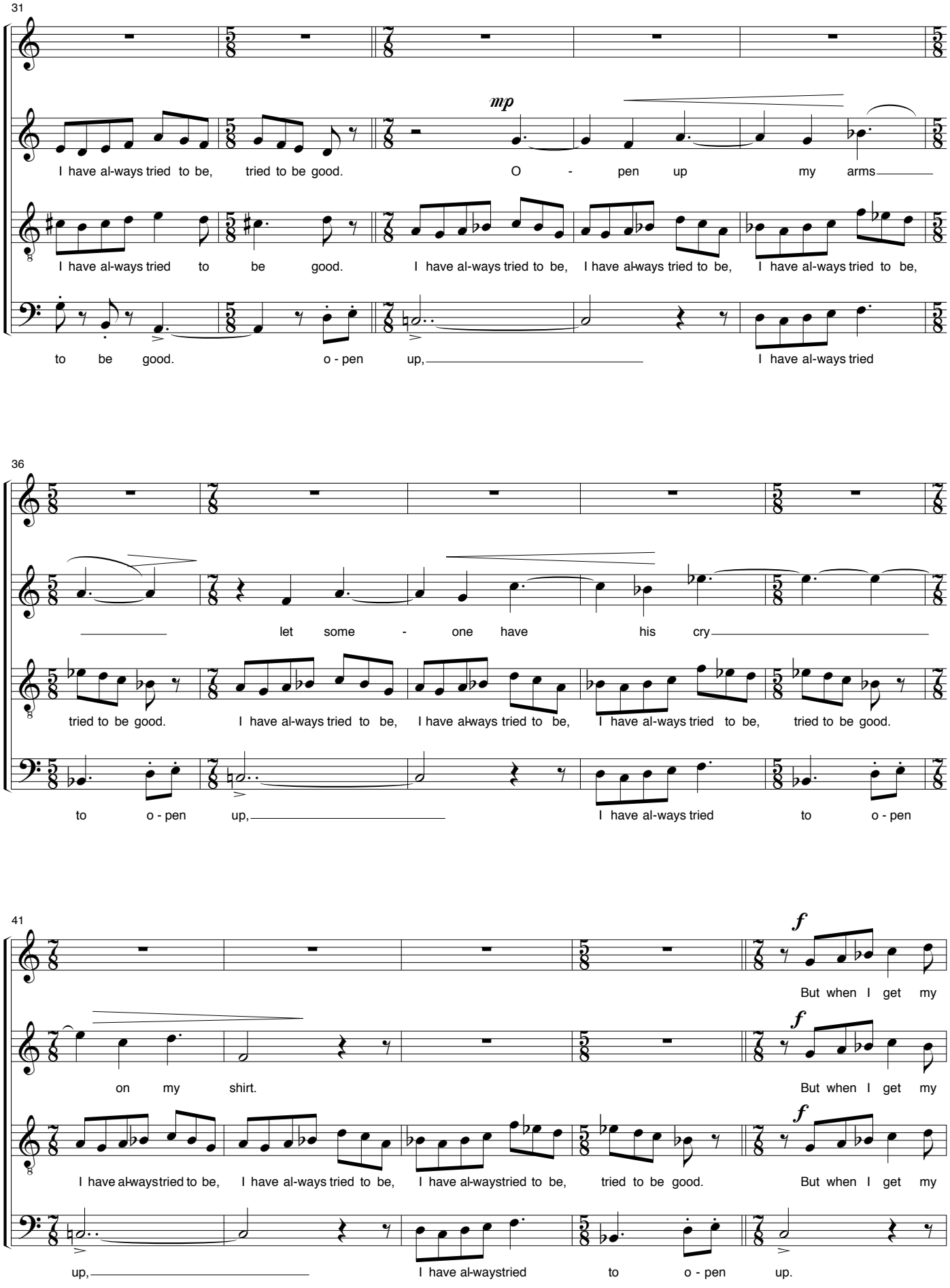
Goodness

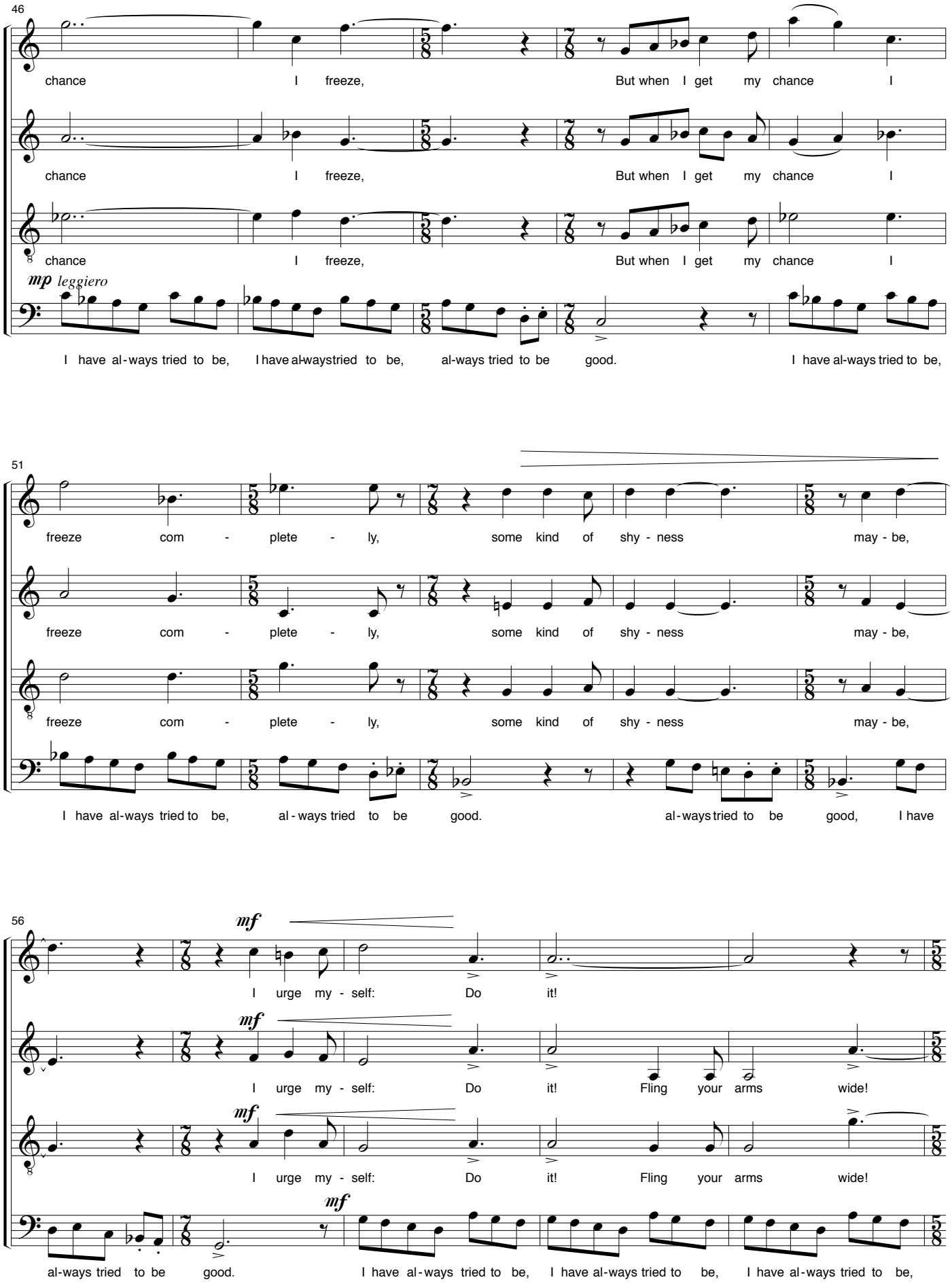
text: Benny Andersen
translation: Alexander Taylor
music: John Frandsen

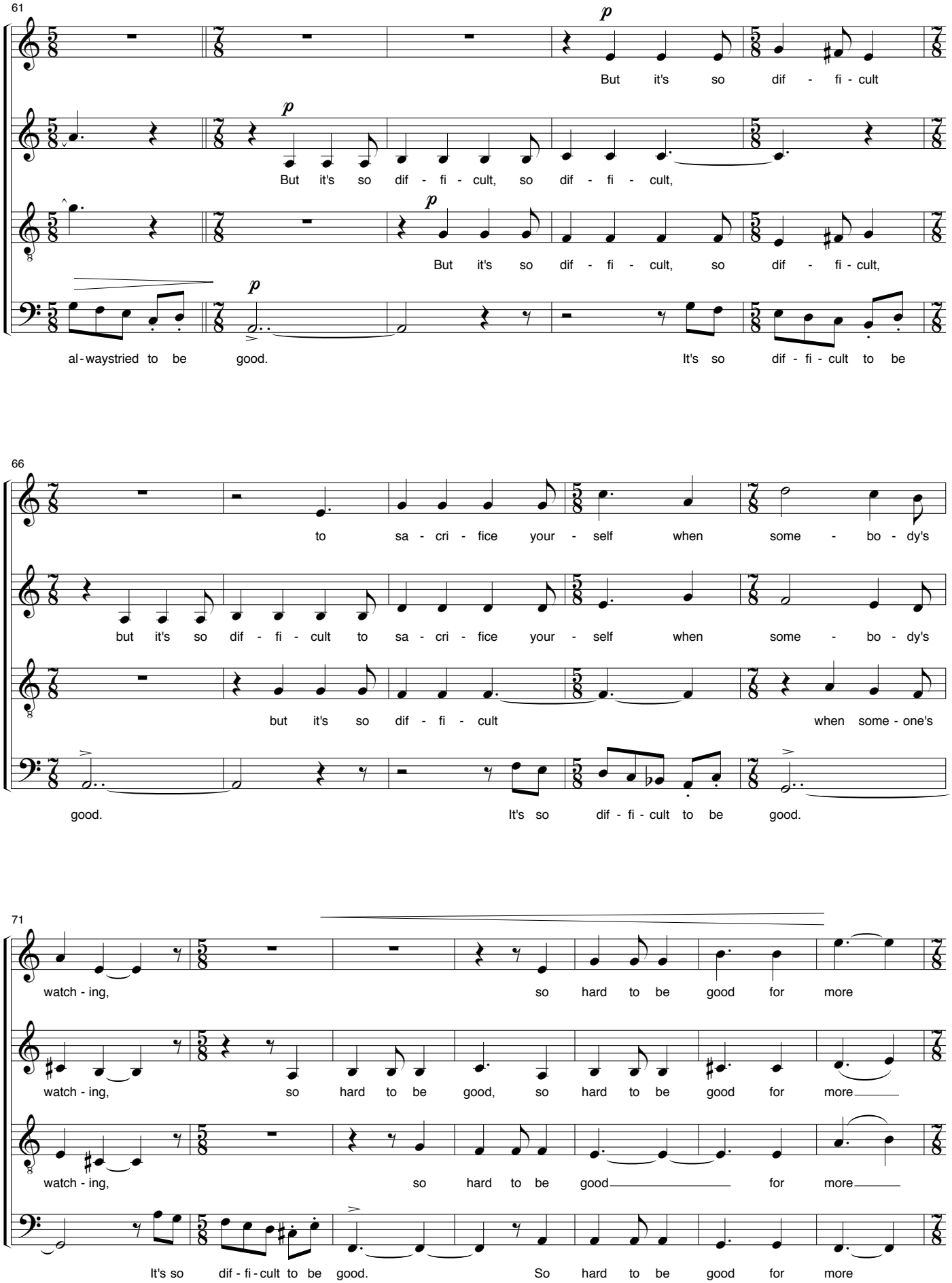
Allegro vivace ♩=132

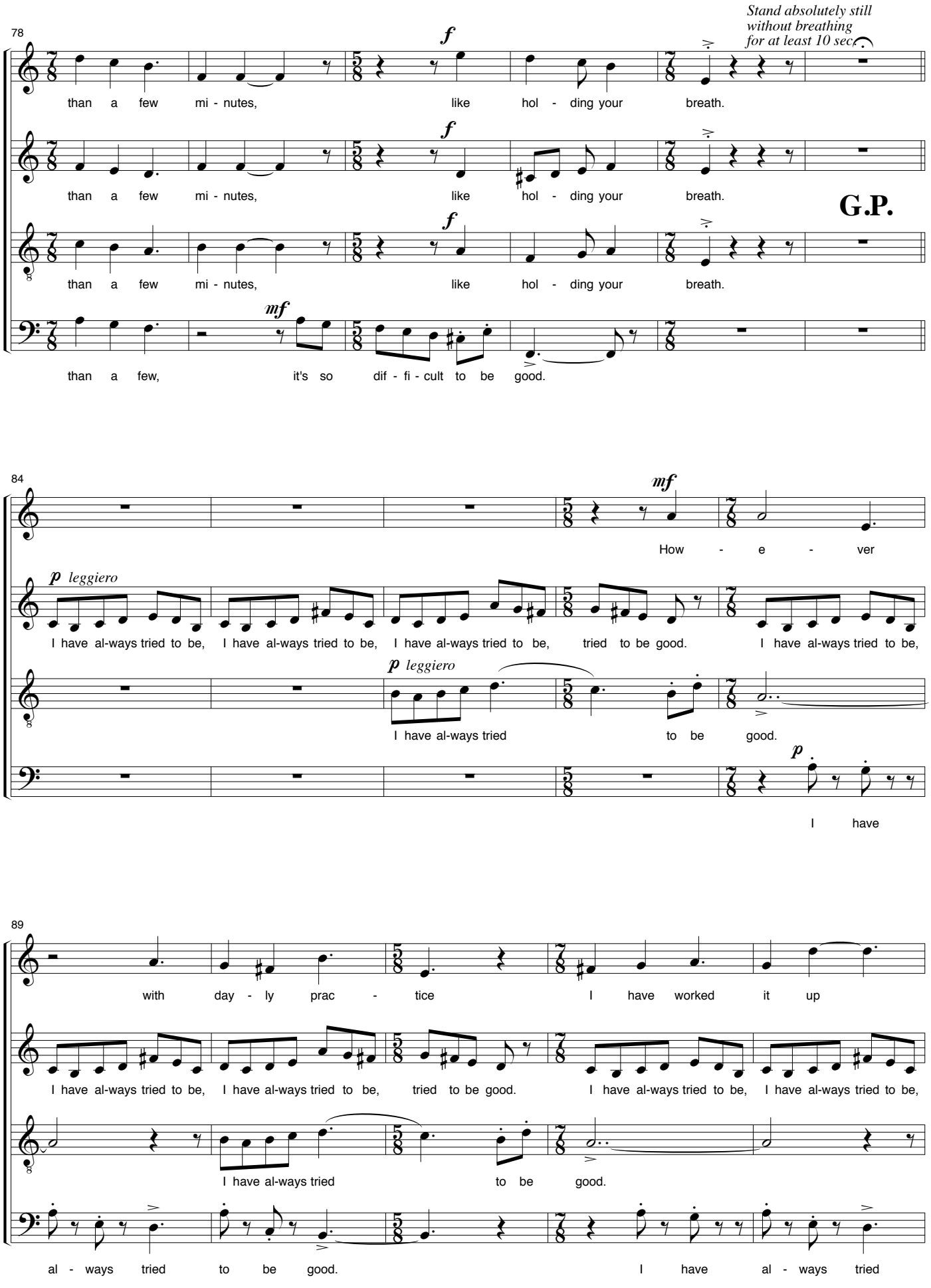


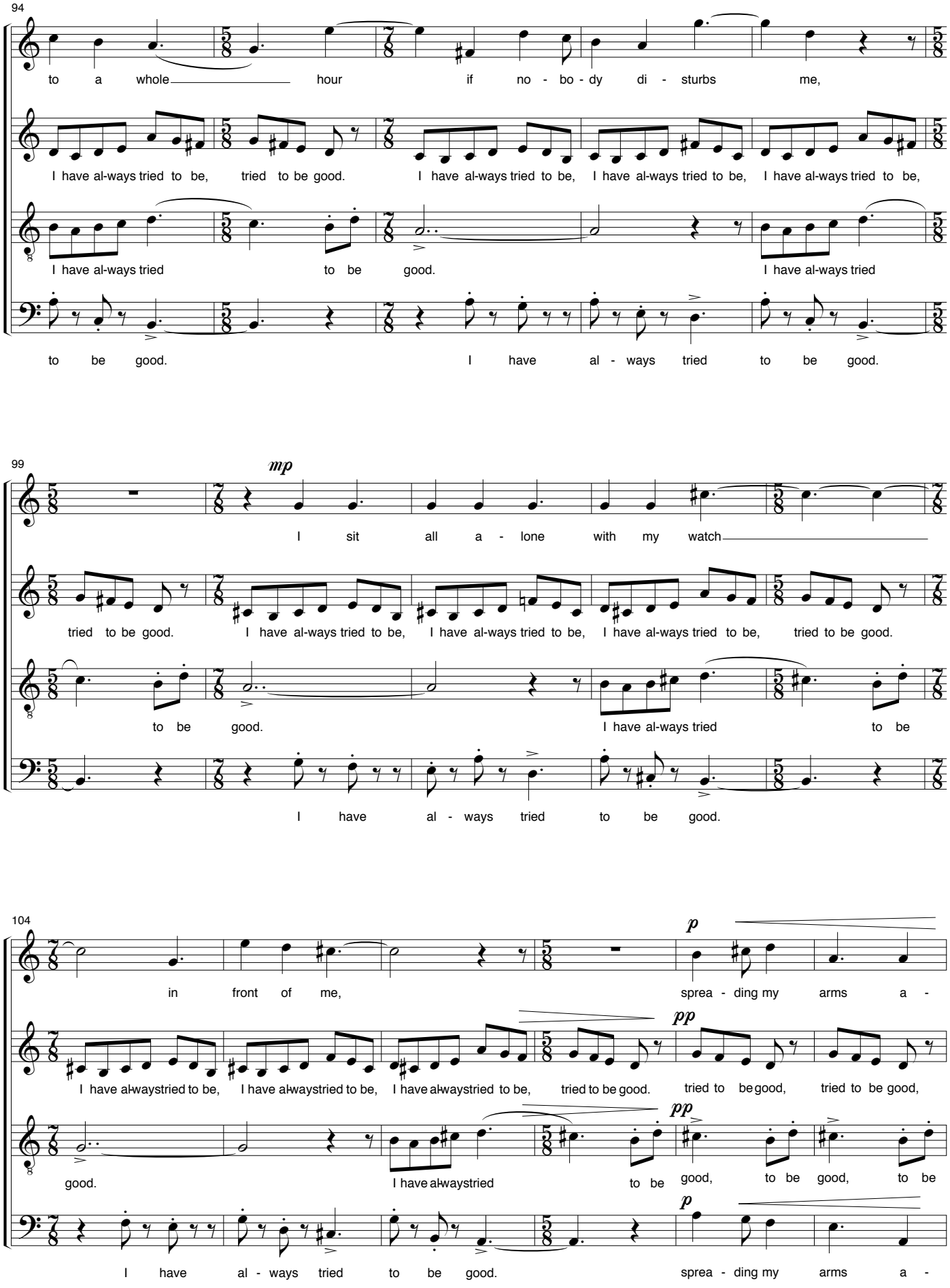

16
ding. I'm a real hound for do - ing some - thing for
tried to be good. I have al-ways tried to be, I have al - ways tried to be, I have al-ways tried to be, tried to be good.
to be good. I have al-ways tried to be
I have al - ways tried to be good.
21
some - one: hold coats, doors, seats,
I have al - ways tried to be, I have al-ways tried to be, I have al-ways tried to be, tried to be good. tried to begood.
good. I have al-ways tried to be good, to be
I have al - ways tried to be good.
26
get some - one a job or some - thing,
tried to be good. tried to be good. tried to be good. I have al - ways tried to be, I have al - ways tried to be,
good, to be good, to be good, to be good,
I have al - ways tried

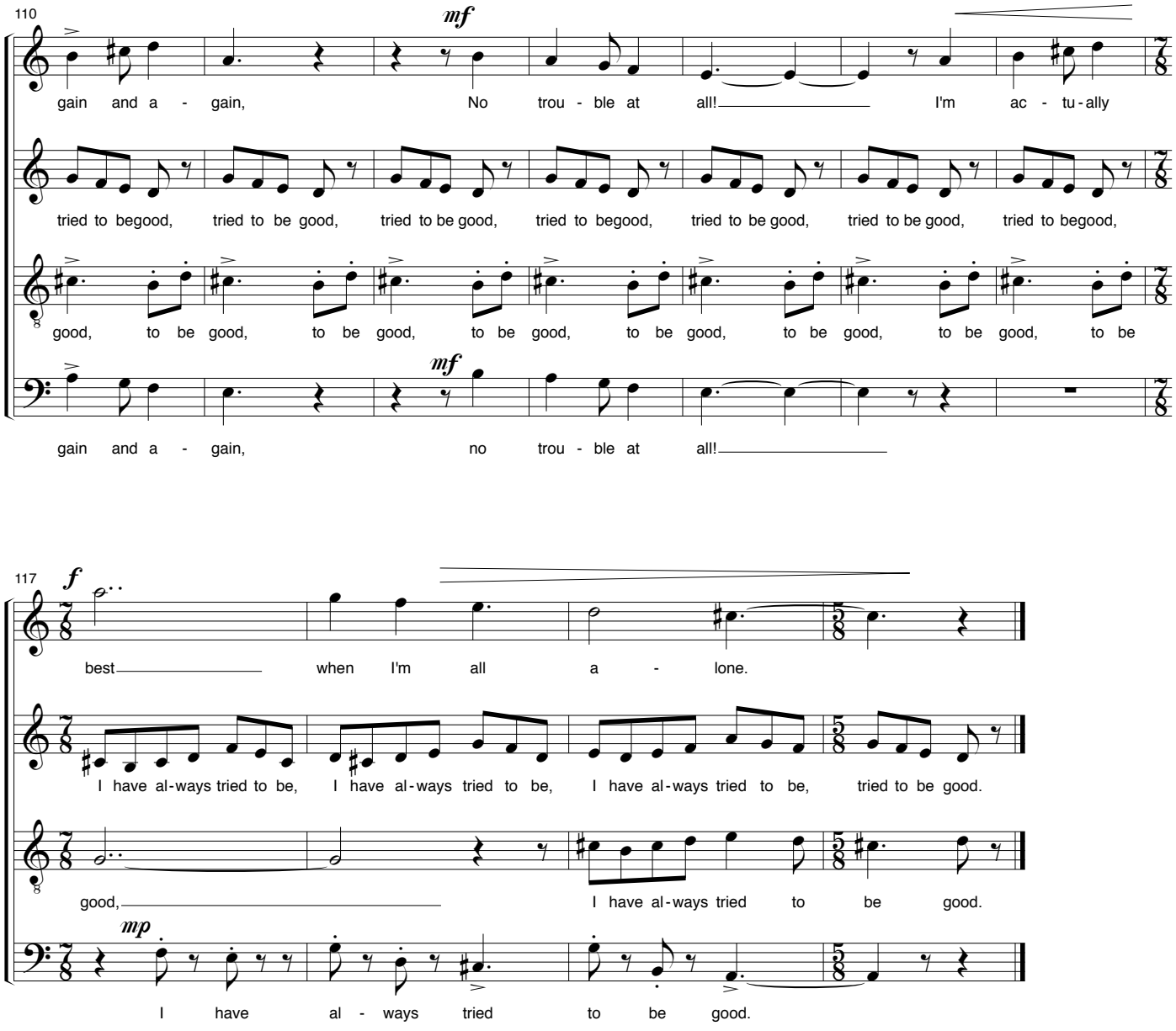

31
mp
I have al-ways tried to be, tried to be good. O - pen up my arms
I have al-ways tried to be good. I have al-ways tried to be, I have al-ways tried to be, I have al-ways tried to be,
to be good. o - pen up, I have al-ways tried
36
let some - one have his cry
tried to be good. I have al-ways tried to be, I have al-ways tried to be, I have al-ways tried to be, tried to be good.
to o - pen up, I have al-ways tried to o - pen
41
f
But when I get my
on my shirt.
I have al-ways tried to be, I have al-ways tried to be, I have al-ways tried to be, tried to be good.
up, I have al-ways tried to o - pen up.


46
chance I freeze, But when I get my chance I
chance I freeze, But when I get my chance I
chance I freeze, But when I get my chance I
mp leggiero
I have al-ways tried to be, I have al-ways tried to be, al-ways tried to be good. I have al-ways tried to be,
51
freeze com - plete - ly, some kind of shy - ness may - be,
freeze com - plete - ly, some kind of shy - ness may - be,
freeze com - plete - ly, some kind of shy - ness may - be,
I have al-ways tried to be, al - ways tried to be good. al - ways tried to be good, I have
56
mf
I urge my - self: Do it!
mf
I urge my - self: Do it! Fling your arms wide!
mf
I urge my - self: Do it! Fling your arms wide!
mf
al-ways tried to be good. I have al - ways tried to be, I have al-ways tried to be, I have al - ways tried to be,


61
p
But it's so dif - fi - cult
p
But it's so dif - fi - cult, so dif - fi - cult,
p
But it's so dif - fi - cult, so dif - fi - cult,
p
al - waystried to be good.
It's so dif - fi - cult to be
66
to sa - cri - fice your - self when some - bo - dy's
but it's so dif - fi - cult to sa - cri - fice your - self when some - bo - dy's
but it's so dif - fi - cult when some - one's
good.
It's so dif - fi - cult to be good.
71
watch - ing, so hard to be good for more
watch - ing, so hard to be good, so hard to be good for more
watch - ing, so hard to be good for more
It's so dif - fi - cult to be good.
So hard to be good for more


78
Stand absolutely still without breathing for at least 10 sec
f
than a few mi - nutes, like hol - ding your breath.
G.P.
mf
than a few, it's so dif - fi - cult to be good.
84
How - e - ver
p leggiero
I have al-ways tried to be, I have al-ways tried to be, I have al-ways tried to be, tried to be good. I have al-ways tried to be,
I have al-ways tried to be good.
I have
89
with day - ly prac - tice I have worked it up
I have al-ways tried to be, I have al-ways tried to be, tried to be good. I have al-ways tried to be, I have al-ways tried to be,
I have al-ways tried to be good.
al - ways tried to be good. I have al - ways tried


94
to a whole hour if no - bo - dy di - sturbs me,
I have al-ways tried to be, tried to be good. I have al-ways tried to be, I have al-ways tried to be, I have al-ways tried to be,
I have al-ways tried to be good. I have al-ways tried
to be good. I have al - ways tried to be good.
99
mp
I sit all a - lone with my watch
tried to be good. I have al-ways tried to be, I have al-ways tried to be, I have al-ways tried to be, tried to be good.
to be good. I have al-ways tried to be
I have al - ways tried to be good.
104
p
in front of me, sprea - ding my arms a -
pp
I have always tried to be, I have always tried to be, I have always tried to be, tried to be good. tried to be good, tried to be good,
good. I have always tried to be good, to be good, to be
pp
p
I have al - ways tried to be good. sprea - ding my arms a -


110
mf
gain and a - gain, No trou - ble at all! I'm ac - tu - ally
tried to begood, tried to be good, tried to be good, tried to begood, tried to be good, tried to be good, tried to begood,
good, to be good, to be good, to be good, to be good, to be good, to be good, to be good, to be
mf
gain and a - gain, no trou - ble at all!
117
f
best when I'm all a - lone.
I have al-ways tried to be, I have al-ways tried to be, I have al-ways tried to be, tried to be good.
good, I have al-ways tried to be good.
mp
I have al - ways tried to be good.